

Health Prom

Welcome to our
how we are cont
and healthy activ
Much of our pre
bedded in the lif
healthy eating, c
tasters. Within
added to our hea



Orienteering

For the past three weeks the Primary 7s have been participating in orienteering. A man called Jason came from Active Stirling to take the lessons. We have been learning navigation skills, what the sport is all about and where we can participate in orienteering ourselves. Orienteering is using a map to run to different destinations. It was fun! The first week it was raining-no surprise there, so we had to do our orienteering in the Games Hall. We learned how to hold a map and how to use it properly. It wasn't the most exciting thing for us, but it helped us for the activity the next week because we were outside and doing proper orienteering around the school. Anna Steen PTI



ng Club

opportunity to join a Running Club, led by Mrs
at kind of running we enjoyed.
nd the school, doing hill reps, running with a
r change running and circuits. We have run in
in and lying snow. Mrs Coombs did give us the

M
It all began when some o
Mrs Macfarlane. She told
was going to be taking Me
Thursdays at 12.45, calle
When we arrived, Sally to
fortable. She had a praye
start and end of medita
and imagine we were in ou
very relaxing. Another th
leaf to the class. We la
would be like to be the le
then it fell to the ground
it lead another life?
When the group finishes
soft play area

Rory McNicol, Lucy Silve
Frazer Plank and Saskia

at Dunblane Pri-
 or new Walking
 who is a former
 Preston.
 imaries 1-7, to
 the ribbon had
 everyone paid a
 tags tied on to
 e let go of our
 trees, but then
 names on them
 us a letter say-
 the balloon that
 s a prize!!
 football match
 the two teams
 ack then had a
 ate. They were
 ead of Learning
 r dinner ladies,
 alking Track on
 o thank for our



Our Thoughts

We felt really excited when we heard the pipe
 going to walk behind him. We wanted to jump
 along. We really enjoyed letting our balloons go
 along. We really enjoyed letting our balloons go
 dered who would find them and how far away
 travel. We like to skip and run round the track
 like the bridge. We would like to add a bit with
 so that we could feel it on our legs and play in it
Peigi Urquhart and Rory Hemming P3McT



was watching us. We liked watching
 ed the football match. We felt



I went to the V
 picked me and Jo
 Callum Davidson
 paid a pound to g
 would go the furt
 then we went in
 the council cut t
 was a great day a
Katie Lavin and J

their names on a piece of paper and putting them in a
 k's name , then Jack picked out my name. Jack and I
 e hall. Then we followed Callum Davidson out to the
 up with balloons.
 Davidson cut the ribbon. We started to walk round
 oes as we went round and the classes let go of their
 ised a football game, so we went and watched that.
 t was when I got to walk round the Walking Track.

Twelve boys and girls were picked to play football w
 opened. The Blue Team were Sean Brown, Calum Ma
 MacCallum, Euan Wilson and Callum Davidson. The Y
 Mitchell, Scott Brough, Aaron Wilson, Mhara Thomson
 Stirling
 The game started off fine, the yellows taking centre
 blues, then another one! The blues were winning, but
 1. Then Scott Brough scored!. The whistle blew. It w
 were lots more goals and the blues won. I think we
 gave us each a signed football.
Scott Brough and Alison Todd P7